

BAKED CATFISH

INGREDIENTS:

Catfish
Butter
Grapefruit Juice
Worcestershire Sauce
Garlic Powder
Salt & Pepper

DIRECTIONS:

1. Place fish in baking dish.
2. Combine other ingredients in saucepan.
3. Bring to a boil and pour over fish.
4. Bake in medium oven till done.
5. Baste often.